

Xylazine circulating in Toronto's unregulated drug supply

An **ALERT** by Toronto's drug checking service | December 10, 2020

What is the purpose of this alert?

Between December 3 and 10, 2020, xylazine, a tranquilizer approved only for use on animals, was found in 22% of the expected fentanyl samples checked by Toronto's drug checking service (5 of 23 samples).

Xylazine was found alongside fentanyl and fentanyl-related drugs, caffeine, and etizolam (benzodiazepine-related). The presence of xylazine was not reported as being expected by those who submitted these samples to be checked.

These samples were collected in Toronto's west end and downtown core. The colour of these samples varied, and included pink, purple, and light blue. These samples were not reported as being associated with overdose or other unexpected negative effects.

Toronto's drug checking service [found xylazine for the first time in October 2020](#). Drug checking services operating out of British Columbia are also reporting the presence of xylazine with fentanyl.

What is xylazine?

Xylazine is typically used by veterinarians on horses, deer, dogs, and cats for sedation, muscle relaxation, and pain relief. It's sometimes known as "horse tranquilizer". Xylazine is not approved for human use and can produce significant harmful and unexpected effects. These effects could include:

- Central nervous system depression, such as blurred vision, disorientation, dizziness, drowsiness, having difficulty moving, slurred speech, and fatigue
- Respiratory depression, such as shallow or stopping breathing
- Cardiovascular effects, such as low blood pressure and slower heart rate

Regular use of xylazine has been associated with open skin ulcers, or abscesses, that are painful and prone to infection. The use of xylazine by humans has resulted in death.

What are the potential effects of using xylazine in combination with opioids?

When xylazine and opioids are used together, the risk of dangerous suppression of vitals is increased (e.g., slowing down of breathing, blood pressure, heart rate). This is also true for xylazine in combination with other

central nervous system depressants, like benzodiazepines or benzodiazepine-related drugs, which have presented in over 80% of all fentanyl samples checked by Toronto's drug checking service over the past couple of months.

Xylazine is not an opioid, meaning naloxone will not reverse its effects in an overdose situation. However, naloxone will work on any opioids that may be present alongside xylazine and contributing to the overdose. Xylazine is a very strong sedative, which may put those who use it into a deep state of unconsciousness, much like what has been observed from fentanyl and benzodiazepines used together.

Advice to reduce potential harms:

1. Carry and be trained to **use naloxone**, which can be picked up for free from your local harm reduction agency or [pharmacy](#). **Naloxone will not work on xylazine but will work on any opioids.**
2. **Seek medical advice** if you experience continued sedation or develop abscesses.
3. **Get your drugs checked** before using. In Toronto, [drug checking services](#) are offered at [Moss Park Consumption and Treatment Service](#), Parkdale Queen West Community Health Centre ([Queen West](#) and [Parkdale](#) sites), [South Riverdale Community Health Centre](#), and [The Works at Toronto Public Health](#). You can also check your drugs after you've used them by submitting paraphernalia, like a cooker or a filter.
4. **Use at a supervised consumption site** or overdose prevention site. Here is a list of [sites that offer supervised consumption in Toronto](#).
5. **Use with someone else** and take turns spotting for each other. Stay 6 feet from your buddy if you are not from the same household to avoid passing COVID-19. A buddy system is safer than using alone. If you must use alone, call someone you know and have them stay on the phone with you while you use. Tell them your address and keep your door unlocked. Alternatively, you could call the [Overdose Prevention Line](#) at 1-888-853-8542 if you are about to use drugs and are located in Ontario.
6. **Do a small test dose** first.
7. **Call 911 in an overdose situation.** The [Good Samaritan Drug Overdose Act](#) provides legal protection from drug-related charges for carrying drugs for personal use and other simple possession offences.
8. If your drugs did not contain what you were expecting, **consider talking to the person you got your drugs from**, or get your drugs from another source if possible.

[Toronto's drug checking service](#) offers people who use drugs timely and detailed information on the contents of their drugs using the most sophisticated lab-based technologies. Interact with our drug checking data [online](#) – it's updated every other week. [Sign up](#) to receive reports, alerts, and other information on Toronto's unregulated drug supply.

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